



# ANNOUNCING

## Support Group for Kids who have a parent or other loved one with Cancer

**WHEN:** Wednesdays: September 15, 22, 29 ■ October 13, 20, 27 ■ November 10, 17

**WHERE:** The Sobrato Community Conference Center  
1400 Parkmoor Avenue  
San Jose, CA 95126

**TIME:** 6:15 pm to 7:45 pm  
(pizza and social time first, then group)

**PLEASE RSVP BY CALLING 408.496.6336**



### Sessions will include:

- Talking about feelings such as sad, scared, mad...happy & hopeful, too!
- How can you take care of yourself when you're feeling down?
- Defensive "masks" we use to cover up our feelings
- What is cancer?
- Understanding you parent's treatment better
- Plenty of time for questions to be answered in a safe, supportive environment
- Artistic and creative activities
- Topics vary depending on participant's needs

Final session will be a Potluck Celebration and "Graduation" for all participants.

The group is led by Marté J. Matthews, previously a health educator with the National Cancer Institute's Cancer Information Service and currently a licensed Marriage and Family Therapist (MFT 4529) with experience running children's groups since 2002 and specialized certification from Children's Treehouse Foundation in Denver, CO.